

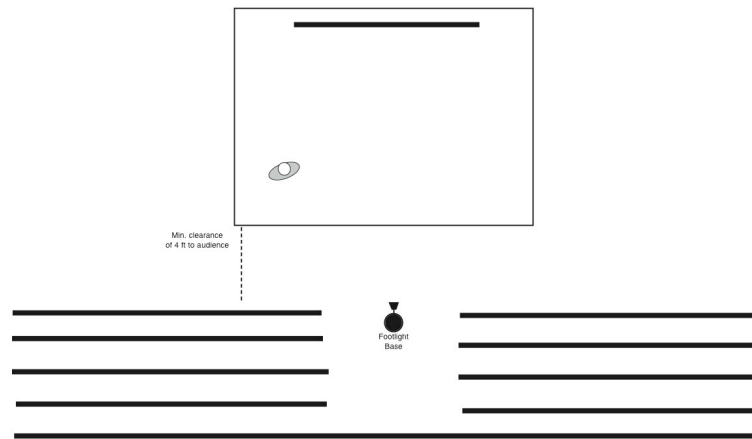
## **Audience/Stage Configuration:**

Restraints may be staged in a variety of configurations, depending upon the size of the audience and the venue.

### ***Proscenium Configuration—***

The performance benefits from as much intimacy with the audience as can be practically achieved. Ideally, distance from the performance area to the furthest audience seating ought to be no greater than 30-40'.

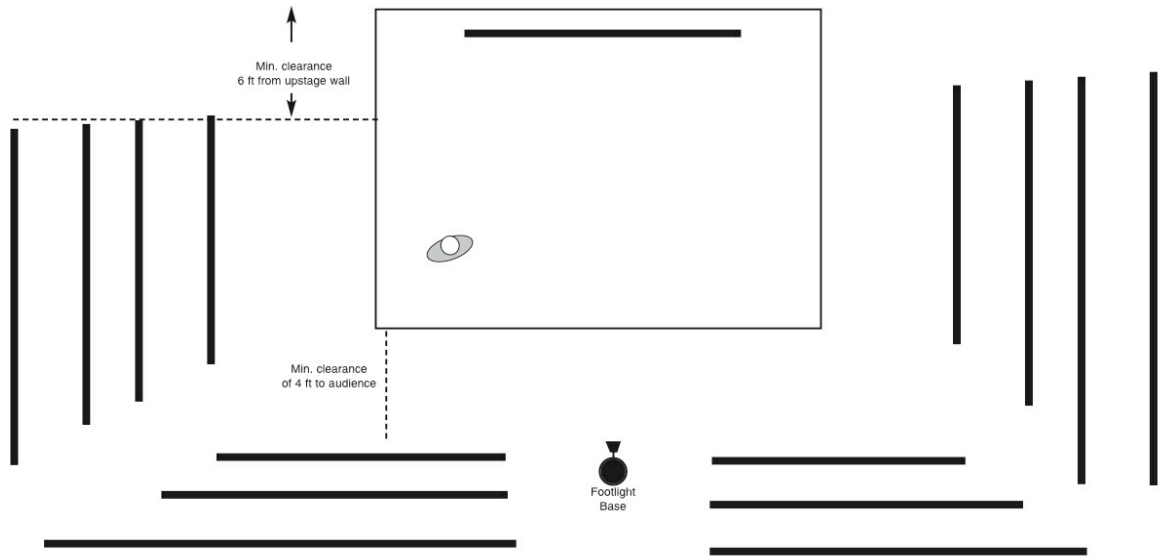
The following diagram depicts a typical proscenium configuration:



### ***Thrust/Three-quarter Configuration—***

In some spaces, it may be easier to achieve greater audience intimacy by arranging the house in a thrust or  $\frac{3}{4}$  configuration.

A suggested set-up for a “thrust” or  $\frac{3}{4}$  configuration:



When practical/possible, audience members may sit on the floor at the front of the performance area, taking care only to leave sufficient clearance ( $\pm 5'$ ) to avoid injury through contact with the performer.

## **Staging Requirements**

### ***Performance Space***

Minimum:

- Smooth, open floor, approximately 20 x 20  
(Performer works barefoot)
- Minimum grid/ceiling height = 10 ft.
- See diagram for typical set-up/configuration

### ***Hard flats*** (or back wall)

Minimum width = 8'

Ideal width = 16'

- Flats should be white or light colored to easily show shadows
- Flats must be secure so as to allow performer to lean her weight against them

### ***Rigging points***

At one point in *Restrains*, the performer will hoist herself slightly off the stage. To accomplish this, it's required to have two fixed points on the ceiling (or grid) capable of holding approximately 200 pounds.

*Restrains* company will supply and install all rigging attachment materials or work with the venue's technical personnel to coordinate.

### ***Props and supplies***

*Restrains* company supplies all required props for the performance.

Access to a supply of warm water is requested with adjacent access to a dressing area.

## **Lighting and Sound**

### ***Lighting***

A basic lighting plot and dimmer schedule are attached.

At a minimum, it's desirable to have:

- > A general (cool-gelled) wash of the performing area
- > A dedicated "center-center" downlight
- > A "footlight" downstage center, capable of cast a shadow on the upstage wall

### ***Sound***

A soundscape accompanies the opening of *Restrains*.

A CD-player (with controls located near the lighting controls) should be provided.

## **Special Considerations for House Management**

Because *Restrains* begins with the performer in place on stage, the audience must be kept outside the performance space until just before "curtain." As such, provisions should be made to hold the entire audience in a lobby or adjacent area.

Three-to-five minutes prior to "curtain," the audience may be invited into the space.